

# **DISCLAIMER**

## **Aikyaa Heart Health & Wellness PLLC**

**Effective Date: April 1, 2026**

**Last Updated: June 2, 2026**

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### **Overview**

The information provided through the Aikyaa Heart Health & Wellness PLLC website, educational materials, programs, webinars, presentations, emails, and other communications is intended for educational and informational purposes only.

Nothing contained on this website or in Aikyaa educational content is intended to diagnose, treat, cure, or prevent any disease, nor should it be considered a substitute for individualized medical advice, diagnosis, or treatment.

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### **No Physician–Patient Relationship**

Accessing this website, subscribing to emails, downloading materials, participating in the Aikyaa Guided Educational Pathway, attending Community Health Guidance Sessions, or communicating with Aikyaa does not by itself establish a physician–patient relationship.

A physician–patient relationship is established only through participation in eligible services provided through the Aikyaa Clinical Consultative Pathway and completion of the required enrollment and onboarding process.

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## **Educational Content**

Information provided through the Aikyaa Guided Educational Pathway, including the Aikyaa Cardiometabolic Foundations Program and Community Health Guidance Sessions, is educational in nature and is not individualized medical care.

Participants are encouraged to consult their own healthcare professionals regarding medical concerns, diagnoses, treatment decisions, medications, or changes to their healthcare plan.

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## **No Guarantee of Outcomes**

Health outcomes vary among individuals.

Participation in Aikyaa programs, educational activities, or clinical consultative services does not guarantee specific medical, health, or lifestyle outcomes.

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## **Emergency Medical Disclaimer**

Aikyaa Heart Health & Wellness PLLC does not provide emergency or urgent medical care.

If you are experiencing chest pain, severe shortness of breath, fainting, symptoms of stroke, or any other medical emergency, call 911 or seek immediate emergency medical attention.

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## **Third-Party Resources**

The Aikyaa website may contain links to third-party websites, products, services, or resources.

These links are provided for convenience and informational purposes only.

Aikyaa Heart Health & Wellness PLLC does not control and is not responsible for the content, accuracy, privacy practices, or availability of third-party resources.

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## **Policy Updates**

Aikyaa Heart Health & Wellness PLLC reserves the right to update or modify this Disclaimer at any time. The most current version will be available on the website.

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## **Definition**

“Aikyaa” refers to Aikyaa Heart Health & Wellness PLLC.